

EARLY FALL SPORTS PRACTICE

2023-2024 School Year



Football - Tuesday, August 1

- Dorms open 9:00 AM
- Equipment handout 1:00 PM
- Practice 3:00 PM



Cross Country - Tuesday, August 15

- Dorms open 5:00 PM
- Practice 7:00 PM



Volleyball - Tuesday, August 15

- Dorms open 12:00 PM
- First practice 10:00 AM August 16



Tennis - Monday, August 14

- Dorms open 12:00 PM
- Practice 2:00 PM

Soccer - Tuesday, August 15

- Dorms open 3:00 PM
- Practice 5:30 PM
- First cafeteria meal is Wednesday breakfast



